

# **FAMILY STUDIES & EDUCATION**

**Paper no. -HSHD- 204**

**ES – 2**

**Credits – 3+1=4**

**Sem. – 2 (M.Sc.H.D.)**

**Marks-100 +35 =135**

## **OBJECTIVES:**

1. To understand family as a component of socio-cultural milieu and context.
2. To familiarize students with developmental perspectives in family & life cycle.
3. To realize and appreciate universals and variations in family life patterns across cultures sub-cultures.
4. To create awareness regarding philosophy, structure, function, need and strengths of families with specific reference to the Indian Family.
5. To understand the various crisis, its effects and preventive measures for it in family.

## **UNIT – 1**

- Family as component of social structure and context.
- Family as an involving and dynamic institution.
- Socio-cultural studies of family pattern in India.
- Types of family.
  - Nuclearer, Joint.
- Functions of family.
  - Alternative families
  - Single parent families.
- Childless
- Adoptive families

- Contract system
- Dual carrier families.

## **UNIT – 2**

- Marital and family relationship.
- Marital adjustment and satisfaction.
- Inter action pattern throughout the family life cycle.
- Approaches and theories in family studies.

Developmental, Interreactional, Institutional systemic, Family life cycle and cyclical, progressive and structural functional theory.

## **UNIT – 3**

Family stress & crisis.

Introduction,definition.

Types of crisis

Causes of crisis.

- Divorce as crisis : reasons,effects.
- Widowhood as crisis.
- Aging as a crisis.

## **UNIT – 4**

- Dual career of women as a crisis.
- Pre and post marital affairs as a family crisis.
- Desertion as a crisis.

- Mechanism for resolution of family crisis.
  - Adjustment of new values.
  - Changeover of responsibilities.
  - Planning for the future.
  - Family guidance and counseling.

**PRACTICAL :-**

1. Study of various family crisis by Interview method.
2. Study of family structures,its effect etc.

**REFERENCES:-**

1. Ahuja R (1997).India Social System (2<sup>nd</sup> Edition)Jaipur,Rawat.
2. Bharat S & Desai M (1995) India Bibliographies on the family: Bombay : Tata Institute of Social Sciences.
3. Bharat S (1996) Family measurement in India,New Delhi sage.
4. Shriram R (1993). Family Studies in India Appraisal and New Directions.
5. T.S.saraswati & B Kaur (Eds.)Human development & family studies in India. An agenda or Research & Policy,New Delhi sage.
6. 'KUTUMBKALYAN'-A.G.Shah & J.K. Dave.
7. 'SAMAJ SHASTRA NA MUL TATVO' -Tara Patel.